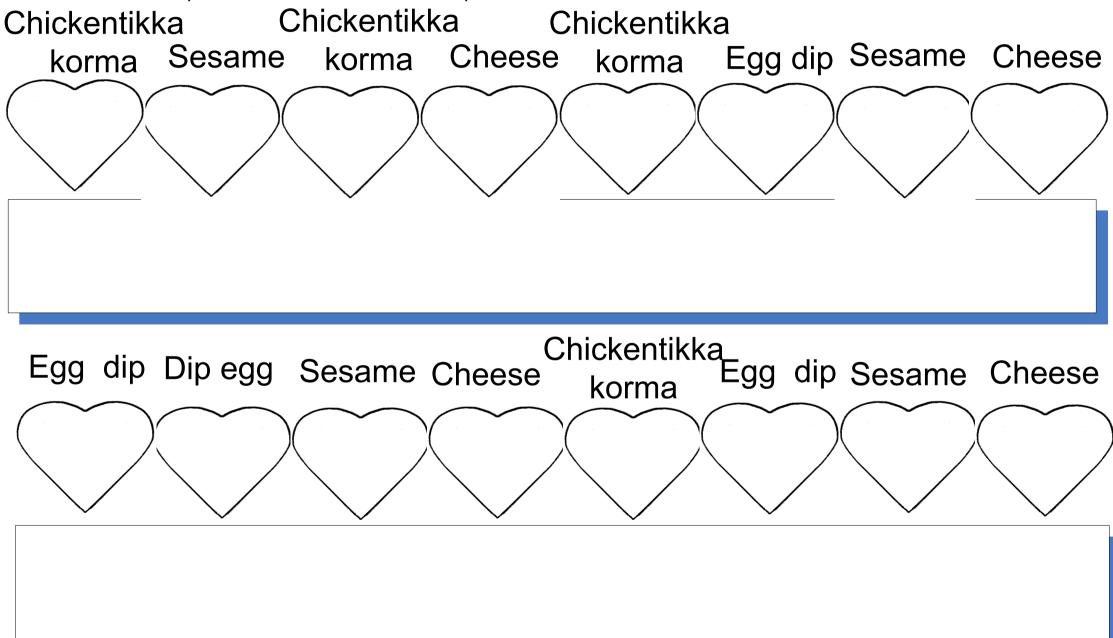
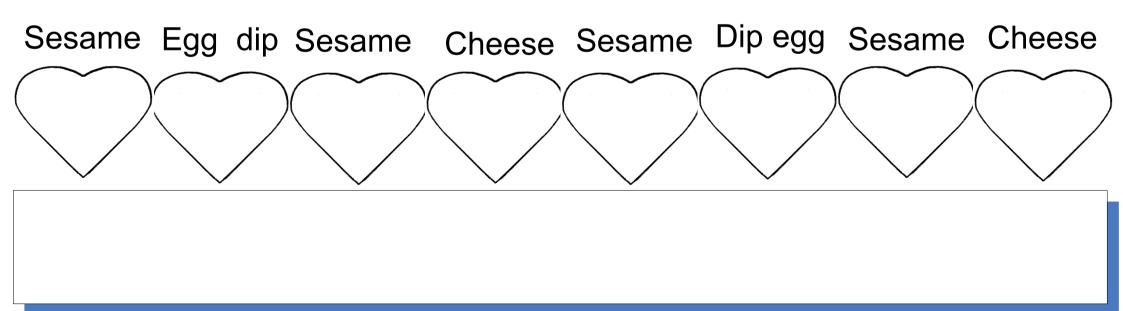
- 1 Say and clap the rhythm of the words as you walk the beat
- 2. Tap a beat with your hand as you say the words
- 3. Tap a beat with your L.H. as you say and tap the rhythm of the words with your R.H.
- 4. Play the rhythm of the words with your R.H. and play 'C' beats with your L.H.
- 5. Write out the rhythm in heart beats and music symbols

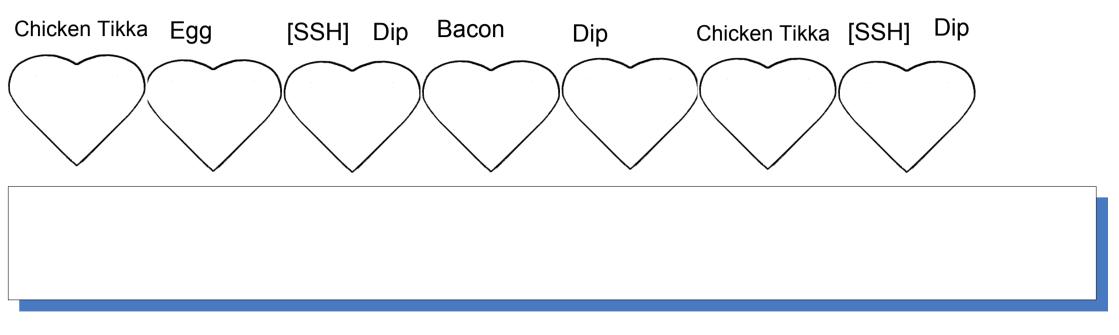


- 1 Say and clap the rhythm of the words as you walk the beat
- 2. Tap a beat with your hand as you say the words
- 3. Tap a beat with your L.H. as you say and tap the rhythm of the words with your R.H.
- 4. Play the rhythm of the words with your R.H. and play 'C' beats with your L.H.
- 5. Write out the rhythm in heart beats and music symbols





- 1 Say and clap the rhythm of the words as you walk the beat
- 2. Tap a beat with your hand as you say the words
- 3. Tap a beat with your L.H. as you say and tap the rhythm of the words with your R.H.
- 4. Play the rhythm of the words with your R.H. and play 'C' beats with your L.H.
- 5. Write out the rhythm in heart beats and music symbols
- (Where used "[SSH]" means silence for the first half and/or first "DIP" quaver of the beat, as appropriate)



Exercise 14

